
ASK TWICE - (ASC)²
A simple method of effective
intervention with offender populations.

Context Targets

<u>Principle</u>	<u>Question #1</u>	<u>Question #2</u>
A Ambivalence	Plus/Minus of Change	Plus/Minus of Stasis
S Stages of Change	Attitude	Intention
C Cognition	TAPES & Beliefs	Blockades

Behavior Targets

<u>Principle</u>	<u>Question #1</u>	<u>Question #2</u>
A Avoid Relapse	Identify High Risk Situations	Plan Strategies
S Skill Acquisition	Practice Skills	Transfer Knowledge
C Containment	Develop a Plan	Verify the Plan
