

A Brief Summary of Current Psychoactive Medications

ANTIDEPRESSANTS (generally increase Serotonin and/or Norepinephrine)

SSRI/SNRI (Selective Serotonin and/or Norepinephrine reuptake inhibitor)

Celexa (citalopram) Prozac (fluoxetine) Luvox (fluvoxamine)
Paxil (paroxetine) Zoloft (sertraline) Lexapro (escitalopram oxalate)
Pristiq (desvenlafaxine) Sarafem (fluoxetine)

Used for: Primary use: Depression
Other uses: Obsessive-Compulsive Disorder, Panic Disorder, Anxiety Disorder, Bulimia, Anorexia nervosa, Borderline Personality Disorder, Autistic Disorder, Alcoholism, Migraine headaches, Postpartum depression, PMS (Sarafem).

Side Effects: Dry mouth, sweating, headache, nausea, restlessness, irritation, sexual dysfunction, vomiting, loose stools, insomnia, agitation, anxiety, dizziness.

Tricyclics (TCAs)

Elavil, Endep (amitriptyline) Asendin (amoxapine)
Anafranil (clomipramine) Rhotrimine, Surmontil (tripramine)
Norpramin, Pertofrane (desipramine) Tofranil (imipramine)
Aventyl, Pamelor (nortriptyline) Vivactil (protriptyline)
Adepin, Sinequan (doxepin) Ludiomil (maproline)

Used for: Primary use: Depression
Other uses: Obsessive-Compulsive Disorder, Panic Disorder, Anxiety Disorder, Borderline Personality Disorder, Migraine, bed-wetting, bulimia, and chronic pain.

Side Effects: Rapid heart beats, seizures, drowsiness, blurred vision, dry mouth, constipation, weight gain, dizziness, sweating, difficulty urinating, changes in sexual desire, muscle twinges, fatigue and weakness, other heart problems..

MAOI (Monoamine Oxidase Inhibitors)

Nardil (phenelzine) Parnate (tranylcypromine) Marplan (isocarboxazid)

Used for: Primary use: Depression
Other uses: Bipolar Disorder, Anxiety, Panic Disorder, Phobias

Side Effects: Dizziness, headache, drowsiness, sleep disturbances, weakness and fatigue, tremors, twitching,. Weight gain, Jitteriness, Skin rash, sweating, blurred vision.
Severe diet and drug restrictions must be closely followed or lethal consequences can occur.

Misc.

Wellbutrin/Wellbutrin XL, Zyban (bupropion) Serzone (nefazodone)
Effexor/ Effexor XR (venlafaxine) Desyrel, Trazon, Trialodine (trazodone)
Remeron (mirtazapine) Vestra (reboxetine)
Cymbalta (duloxetine HCL) Pristiq (desvenlafaxine)
Ludiomil (maprotiline HCL [tetracyclic])

Used for: Primary use: Depression
Other uses: Mixed, but generally used only for depression. Zyban is used for smoking cessation.

Side Effects: Nausea, constipation, agitation, insomnia, hypertension (Effexor), dizziness, drowsiness, priapism (trazodone products), sweating, dry mouth.

ANTIPSYCHOTICS / NEUROLEPTICS (generally block Dopamine post-synaptic) (Atypicals underlined & in RED)

<u>Clozaril (clozapine)</u>	<u>Risperdal (risperidone)</u>	<u>Zyprexa (olanzapine)</u>
<u>Geodon (aiprasidone)</u>	<u>Abilify (aripiprazole)</u>	<u>Seroquel (quetiapine)</u>
<u>Invega (paliperidone)</u>	<u>Risperdal-Consta (risperidone)</u>	
Orap (pimozide)	Prolixin (fluphenazine)	Navane (thiothixene)
Trilafon (perhenazine)	Mellaril (thioridazine)	Moban (molindone)
Haldol (haloperidol)	Loxitane (loxapine)	Orap (pimozide)
Thorazine, Thor-Prom (chlorpromazine)		
Chlorpazine, Compra-Z, Comprazine, Contrazine, Ultrazine (prochlorperazine)		
Stelazine, Suprazine, Terfluzine, Trifurin (trifluoperazine)		

Used for: Primary use: Treatment of disorganized thinking and hallucinations.
Other uses: Mania, anxiety due to TBI, psychotic depression, dementia, extreme agitation.

Side effects: Tremors, muscle spasms, restlessness, twitches, dizziness, Neuroleptic malignant syndrome (high fever, rapid heart rate, labored breathing sweating, rigidity - death)

Drugs sometimes used to control side effects:

Symmetrel (amantadine)	Cogentin (benztropine)	Akineton (biperiden)
Kemadrin (procyclidine)	Artane (trihexyphrenidyl)	Benadryl (diphenhydramine)

ANTI-ANXIETY Sedative/Hypnotics (Benzodiazepines) (generally increase # of times GABA_A receptor gates open)

Xanax (alprazolam)	Librium, Librax Libritabs (chlordiazepoxide)	Klonopin (clonazepam)
Tranxene (chlorazepate)	Prosom (estazolam)	Dalmane (flurazepam)
Ativan (lorazepam)	Serax (oxazepam)	Doral (quazepam)
Halcion (triazolam)	Restoril, Razepam (temazepam)	Versed (midazolam)
Valium, Diastat, Valrelease (diazepam)		

Used for: Primary use: Anxiety, Panic Disorder, Phobias, Obsessive-Compulsive Disorder, PTSD.
Other uses: Insomnia, Stop Seizures, Muscle Spasms, side effects of antipsychotic medications.

Side Effects: Dependence and addiction, drowsiness, fatigue, confusion, mental slowing. Can be lethal when combined with alcohol. Birth defects if taken while pregnant.

Other non benzodiazepines drugs sometimes used as anti-anxiety sedatives:

Buspar (buspirone)	Ambien (zolpidem)	Benadryl (diphenhydramine)
Atarax (hydroxyzine)	Vistaril (hydroxyzine)	Inderal, Inderide (propranolol)
Equanil (meprobamate)		

MOOD STABILIZERS Antimanic medications (limits sodium ion exchange across cell membranes of CNS)

Tegretol (carbamazepine)	Trileptal (oxcarbazepine)
Neurotin (gabapentin - potentiates GABA?)	Depakote (divalproex sodium - increases GABA)
Topamax (topiramate)	Lamictal (lamotrigine)
Lithonate, Lithane, Lithobid, Eskalith, Eskalith CR (lithium carbonate)	

Used for: Bipolar Disorder, Schizoaffective Disorder, Mania, Depression (Lithium)
Other uses: Anticonvulsants (Tegretol, Depakote, Lamictal, Neurotin, Topamax)

Side Effects: Lithium - drink lots of water and urinate frequently, weight gain, metal taste in mouth. Requires frequent blood work or can become lethal.

Anticonvulsants - gastrointestinal problems, liver problems, dizziness, fatigue, hair loss.