

Structured Sex Offender Treatment Review Case Review Sheet

Client: _____

Date: _____

(Underlined items are those for which a blank is allowed)

Review Element	Achieved	Current		Progress Notes
		Focus		
1. Fully admits offense-No denial.	Y N	Y N		
2. Greater detail of offense(s).	Y N	Y N		
<u>3. Non-deceptive disclosure poly.</u>	Y N	Y N		
4. Clarification process complete.	Y N	Y N		
5. Restitution plan in place.	Y N	Y N		
6. Full compliance with conditions.	Y N	Y N		
7. I&E all cognitive distortions.	Y N	Y N		
8. I&E own offense cycle.	Y N	Y N		
9. Demonstrates all interventions.	Y N	Y N		
10. I&E high risk situations	Y N	Y N		
11. Initiates regular tool use.	Y N	Y N		
12. Protects possible victims.	Y N	Y N		
13. I&E sexual arousal patterns	Y N	Y N		
<u>14. Lower deviant arousal/interest.</u>	Y N	Y N		
15. Prevention plan in place.	Y N	Y N		
<u>16. Others informed by Tx Team.</u>	Y N	Y N		
17. Views self as ongoing risk.	Y N	Y N		
18. Externalizes life style control.	Y N	Y N		
19. Pro-social sexual attitudes.	Y N	Y N		
20. Passes monitoring polygraphs.	Y N	Y N		
21. Protects family from self.	Y N	Y N		
22. Eliminates manipulation.	Y N	Y N		
23. Eliminates secrecy.	Y N	Y N		
24. Confronts others in group.	Y N	Y N		
25. Safe living arrangements.	Y N	Y N		
<u>26. Active substance abuse Tx.</u>	Y N	Y N		
27. Anger management work.	Y N	Y N		
28. Eliminates isolation.	Y N	Y N		
29. Financial stability.	Y N	Y N		
30. Restitution to community.	Y N	Y N		
31. Relinquishes "Victim Stance".	Y N	Y N		

Explanation of Review Questions

Assumes Responsibility for Past Behavior:

1. Fully Admits Offense(s) - No denial.

No Offender exhibits any form of denial concerning current offense.

For an excellent review of types of denial that should be considered as “no”, please see Stephen Brake’s “Levels and Types of Denial” found in Appendix B of the Colorado Standards & Guidelines for the Assessment, Evaluation, Treatment, and Behavioral Monitoring of Adult Sex Offenders. This document may be downloaded from: <http://dcj.state.co.us/odvsom/sodoc.htm>

Yes. The offender is not exhibiting any form of denial and admits all aspects of the offense.

2. Greater detail of offense(s).

No. Offender provides a level of detail for current offense(s) that is equal to or less than the level of detail provided by the victim statements or official records of these cases.

Yes Offender is providing more detail than are the victim(s) or official reports of the current offense(s).

3. Non-deceptive disclosure polygraphs.

No The offender has not yet provided a non-deceptive polygraph which covers his/her entire sexual history.

Yes The offender has provided a non-deceptive polygraph which covers his/her entire sexual history.

Blank Allowed only if your jurisdiction does not use polygraph as a monitoring tool.

4. Clarification process complete.

No The offender has not developed an approved clarification plan or has not yet provided the group or community, and victim (assuming victim is willing to do so) with a clarification of the offense in accordance with this approved clarification plan.

Yes The offender has developed a clarification plan, has written a clarification letter and shared it with the treatment group. If the victim is willing, the offender **must** have presented this letter to the victim(s) in a controlled setting and answered all questions in accordance with the written clarification plan. If the victim is not willing to do a clarification, the offender must have provided a mock clarification to the group and/or participated in a community response panel presentation.

5. Restitution plan in place.

No The offender has no written plan outlining his responsibilities to assist in the treatment and restitution of the victim(s) of his offenses.

Yes The offender has developed an approved plan which outlines **how** (s)he is responsible for and will assist the victim(s) in obtaining required treatment and/or support in repairing the damage done to their lives as a result of the offense

Takes Steps Toward Increased Safety

6. Full compliance with conditions.

No The offender is not 100% in compliance with:
A. Terms and conditions of Probation/Parole or supervision.
B. Terms of the treatment contract.

Yes The offender is 100% in compliance with all terms of supervision and treatment.

7. I&E all cognitive distortions.

No. The offender cannot accurately and completely Identify and Explain all of his/her patterns of cognitive distortions.

Yes The offender can accurately and completely Identify and Explain all of his/her patterns of cognitive distortions.

8. I&E own offense cycle.

- No. The offender cannot accurately and completely Identify and Explain the components of his/her personal offense cycle and their interrelationships
- Yes The offender can accurately and completely Identify and Explain each component of his/her personal offense cycle. The offender can explain how these elements interrelate and lead to potential offenses.

9. Demonstrates all interventions.

- No The offender cannot explain and demonstrate all intervention tools taught by the treatment provider.
- Yes The offender can explain and demonstrate all intervention tools taught by the treatment provider.

10. I&E high risk situations

- No. The offender cannot accurately and completely Identify and Explain all elements which make a situation high risk for the offender.
- Yes The offender can accurately and completely Identify and Explain all elements which make a situation high risk for the offender.

11. Initiates regular tool use.

- No The offender does not **demonstrate** (through externally verified means) the regular use of intervention tools.
- Yes The offender **demonstrates** regular use of intervention tools. This demonstration must take the form of external verification of the tool use by members of the offender's containment group. Self report of tool use does not warrant a "yes".

12. Protects possible victims

- No. The offender does not **demonstrate** through his behavior that (s)he places the safety of potential victims above his/her personal well-being.
- Yes The offender **demonstrates** through his behavior that (s)he places the safety of potential victims above his/her personal well-being. This demonstration must take the form of external verification by members of the offender's containment group. This could include appropriate notification of potential victims.

13. I&E own sexual arousal patterns.

- No The offender cannot accurately and completely Identify and Explain his own sexual arousal patterns.
- Yes The offender can accurately and completely Identify and Explain his own sexual arousal patterns

14. Lower deviant arousal/interest.

- No. The offender has not reduced deviant sexual arousal or interest (as measured by PPG or Abel).
- Yes The offender has reduced deviant sexual arousal or interest (as measured by PPG or Abel).
- Blank The offender's treatment provider does not utilize PPG to measure deviant sexual arousal or Abel Screen to measure deviant sexual interest.

15. Prevention plan in place.

- No. The offender has no written and approved sexual offense prevention plan.
- Yes The offender has a written and approved sexual offense prevention plan.

16. Others informed by Tx Team.

- No. Individuals significantly involved in the offender's life are not appropriately and fully informed of the offender's sexual offense or are informed only by the offender.
- Yes. Individuals significantly involved in the offender's life are appropriately and fully informed of the offender's sexual offense and are informed by treatment team.
- Blank There are no individuals significantly involved in the offender's life. ("Eliminates Isolation" item must be checked "No" if this item is left blank).

17. Views self as ongoing risk.

- No The offender minimizes or denies his/her ongoing risk. - or - The offender believes "this will never happen again". - or - The offender believes (s)he is "cured".
- Yes The offender understands and can explain his/her ongoing risk.

18. Externalizes life style control.

- No. The offender establishes a containment or safety plan which relies on self-management or on uninformed or under-informed others. The locus of control of containment lies with the offender.
- Yes The offender establishes a containment or safety plan which places the locus of control outside the offender. Those individuals who are a part of the containment plan or safety plan are appropriately informed.

19. Pro-social sexual attitudes.

- No. The offender harbors beliefs, attitudes or thoughts which support sexual offending. This includes verbal disrespect of women, children, and others.
- Yes. The offender has identified and rejected all beliefs, attitudes or thoughts which support sexual offending and demonstrates respect for others.

20. Passes monitoring polygraphs.

- No. The offender was determined to be deceptive or "non-conclusive" on a monitoring polygraph during the period of the review.
- Yes The offender was determined to be non-deceptive on a monitoring polygraph during the period of the review.
- Blank The offender did not take a monitoring polygraph during the period of the review.

21. Protects family from self.

- No. Does not comply with no-contact conditions, and/or does not encourage family to be in treatment.
- Yes. Willing to have no contact with family if team requires it (even if family desire to see him), encourages family involvement in treatment.
- Blank The offender has no family involved and/or family does not wish involvement.

Necessary Collateral Life Style Changes

22. Eliminates manipulation

- No. The offender attempts to manipulate the treatment provider, supervising officer, employer, potential victim, or any significant other during the review period.
- Yes The offender deals honestly and openly with the treatment provider, supervising officer, employer, potential victim, or any significant other during the review period.

23. Eliminates secrecy

- No. The offender hides or attempts to hide aspects of his/her life from the treatment provider, supervising officer, and/or any significant other during the review period.
- Yes The offender takes steps to reveal all aspects of his/her life to the treatment provider, supervising officer, and/or significant other during the review period.

24. Confronts others in group.

- No. The offender does not confront others during treatment groups.
- Yes The offender appropriately confronts others during treatment groups.

25. Safe living arrangements

- No. Lives in an area close to high-risk environment and/or lives with uninformed person(s) who maximize risk.
- Yes Chooses to live in a relatively risk free environment, lives with informed person(s) who are part of the containment, and can explain hazards present in his/her living arrangement.

26. Active substance abuse Tx.

- No. The offender has not actively participated in substance abuse treatment during the review period.
- Yes. The offender has actively participated in substance abuse treatment during the review period
- Blank Substance use was **not** involved in any of the offender's offenses AND it has been determined the offender is not in need of substance abuse treatment through a validated substance abuse assessment.

27. Anger management work.

- No. The offender is not currently involved in anger management treatment.
- Yes. The offender is currently involved in anger management in treatment and can demonstrate (s)he continues to utilize these skills. Note: anger management in treatment is an ongoing part of the sexual offender's offense specific treatment.

28. Eliminates isolation.

- No. Offender has more than 20% of his non-sleeping time spent in isolation from others. (This item MUST be marked "No" if the offender has no significant others in his/her life - see item #16)
- Yes Offender has 20% or less of his non-sleeping time spent in isolation from others.

29. Financial stability

- No. Offender is not financially stable.
- Yes. Offender is financially stable.

30 Restitution to community

- No. Offender has not developed a community restitution plan or is not in compliance with a community restitution plan.
- Yes. Offender has developed a community restitution plan which demonstrates his/her desire to restore a sense of "safety" to the community. AND The offender is actively taking steps to promote a sense of community well-being by implementing this plan.

31. Relinquishes "Victim Stance".

- No. The offender is focused on his/her "losses" and "needs".
- Yes. The offender is focused on the needs of the victim and community. The offender places the needs of the victim and/or community over his/her personal needs.